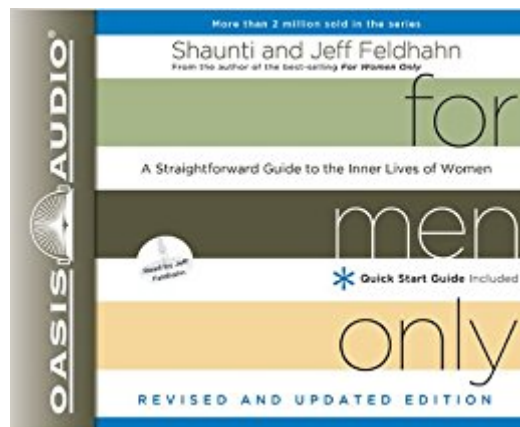




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# For Men Only, Revised And Updated Edition: A Straightforward Guide To The Inner Lives Of Women



## Synopsis

Finally, you can understand her! If you're like most men, you've burned up lots of energy trying to figure out what a woman wants, what makes her tick, and how to make her happy. The good news: success is simpler than you thought. In their groundbreaking classic, *For Men Only*, Shaunti and Jeff Feldhahn reveal the eye opening truths and simple acts that will radically improve your relationship with the woman you love. For example:

- Why she can't "just not think about" something that's bothering her.
- How to get her real answers without games.
- How your provider instinct can actually cause her heartache and what to do about it.
- Why "not tonight, honey" may not mean what you think.
- Why listening to her feelings is so hard for a guy, and a fix-it plan that works.
- Why her "I do" at the altar will always mean, "do you?" and the answer that rocks her world.

Now updated with the latest scientific research to explain the fabulous female brain plus an all-new chapter that shows how to decode her most baffling behavior, *For Men Only* is your roadmap to making her happy.

## Book Information

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## Customer Reviews

"Shaunti and Jeff have unearthed a treasure chest of insights • eye opening and life changing. • Andy Stanley, senior pastor, North Point Community Church

Shaunti and Jeff Feldhahn are popular speakers and best-selling authors whose research findings are regularly featured in national media as diverse as Focus on the Family, FamilyLife Today, the

New York Times, and the Today Show.

Great book. For Women Only is also great. Eye opening and sometimes shocking. Don't listen to these books on audio. The authors read them themselves and talk to you like you are a child. They are super cheesy and make you hate the book because their voices are so annoying.

Here it is men *For Men Only* is a straightforward guide to the inner lives of women. I must confess as I read that claim I thought of the apocryphal story of the man who found a magic lamp and was granted only one wish. He wished for a road to be built from America to Europe so he could drive to Europe. The Genie informed him that *For Men Only* is quite unreasonable. It's such a great distance and the water was extremely deep and that he should ask for something else. So the man said, "I want to know how to understand my wife." The Genie responded, "Do you want that to be a two-lane or four-lane road to Europe?" This book makes good on the claim that you can gain greater insight into how women think. The authors, Shaunti and Jeff Feldhahn, have created this book as a companion guide to their earlier book, *For Women Only*. *For Men Only* shares the results of hundreds of personal interviews, anecdotal information from women's focus groups, and a national survey of four hundred women. This book is written from a man's perspective as the first sentence states, "Like some guys I know, you might be tempted to skip this introduction and jump right to the sex chapter" (p. 1). Men, I encourage you to read the entire book to have a loving and harmonious relationship with your spouse. Here's an overview of the chapter titles: Chapter 1: Rethinking Random: Why you need a new map of the female universe Chapter 2: The Deal is Never Closed: Why her "I do" will always mean "I do" Chapter 3: Windows Open! What you should know about the fabulous female brain I found this word picture helpful, "... their thought lives are like busy computers with multiple windows open and running all at once, unwanted pop-ups intruding all the time, and little ability to close out or ignore any of that mental or emotional activity until a more convenient time." (p. 42). That was a helpful perspective and then I became somewhat concerned because I feel that way at times. Chapter 4: The Reason Hiding in Her "Unreasonable" Reaction: How you can break the code of baffling female behavior Many men default to this observation by Oscar Wilde, "Women are meant to be loved, not to be understood" (p.

65).Chapter 5: Your Real Job is Closer to Home“Money talks but emotional security sings” (p. 87)Chapter 6. Listening Is The SolutionThis may be difficult for men to understand, but this is what the research demonstrates, “When she is sharing an emotional problem, her feelings and her desire to be heard are much more important than the problem itself.” (p. 109)Chapter 7. With Sex, Her “No” Doesn’t Mean You: How her desires are impacted by her unique wiring and why your ego shouldn’t beChapter 8. The Girl in the Mirror: What the little girl inside your woman is dying to hear from you “Inside your smart, secure wife lives a little girl who deeply needs to know that you find her beautiful and that you only have eyes for her.” (p. 153)Chapter 9. The Man She Had Hoped to Marry: What the woman who loves you most, most wants you to knowThe top thing that women wished their man knew was this: “You are my hero.” (p. 179).This is an excellent book for any man who is married or thinking about getting married. The Apostle Paul sums up well the man’s responsibility, “Husbands, love your wives, just as Christ also loved the church and gave Himself up for her,” (Ephesians 5:25)(I received this book for free from WaterBrook Multnomah Publishing Group for this review.)

It’s a book written by humans on how to explain human relationship challenges. Probably the next best thing to the Bible or New Testament if you’re a Christian, for relationship guidance. One reviewer who gave the book a bad rating quoted this from Bible scripture: ‘The words of the wise are like goads, and like nails firmly fixed are the collected sayings: they are given by one Shepherd. My Son, beware of anything beyond these. Of making many books there is no end, and much study is weariness of flesh.’ Ecclesiastes 12:11-12. If we’re a Christian, God’s word needs to come first in our lives as a general rule, and it always has for me. I am currently reading this as second place. The author makes it a point to state that he thinks relationships are most fulfilling when they’re focused on Jesus Christ. I thought that’s what’s all I needed, but most Christian women (and men) I’ve been around in church would rather play, socialize or be busy with other things, than to pray or focus on the Bible. This affects me--‘we are members of one another’ Ephesians 4:25. So, that is why I turned to this book, for help. It is a book that all people can read and they don’t press Christian stuff on people too much I think which is beneficial to many. Also the few facts written about men in here, like the fact that we’re wired for visuality, we tend to focus on one thing at a time, and we think we should be the main ones providing things (that come from a job), are all pretty much true for me

as a man. Some people who read this book or the other one, complain because it doesn't describe them or their partner. The author makes it very clear in the beginning that this is not a one size fits all. The author is a good writer but as one other reviewer says, the survey info seems to be exaggerated. Particularly the chapter beginning on "Listening"

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